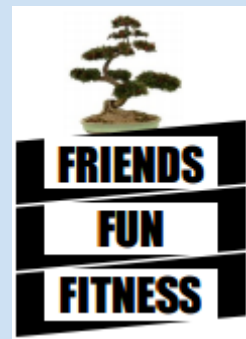


Summer Recreation Club

Ages 6 to 12



Many children with motor planning challenges find gym class, recess, and staying physically active extremely frustrating. Not feeling successful in physical play with peers can lead to poor self esteem. To help, the Autism Society—Omaha Support Network has developed Recreation Club. Kids in need of more coaching and movement assistance come together every other week to work on gym activities and physical fitness exercises. This interactive, activity-based program will emphasize improving physical competence while developing social skills to improve peer interactions. Activities have been designed to improve body awareness, strength and motor skills.

Kids will also learn sportsmanship, teamwork and problem solving skills during game play. Our goal is to improve ability and confidence for school as well as encourage continued physical fitness into their later teen and adult years.

Summer 2017 Rec Club Dates:

June 4 (3:30 to 5 pm, Gym), June 18 (3:30 to 5 pm, Gym)

July 16 (5 to 7 pm, Skate City), July 30 (3:30 to 5 pm, Gym)

August 6 (3:30 to 5 pm, Gym), August 20 (3:30 to 5 pm, Gym)

Cost is \$50 for the full 6-week program payable at the first session.

Register at <https://summer17recclub.eventbrite.com>



- Modified instructions to meet each participant's motor and communication needs.
- Visual schedule
- Modified equipment and environment
- Social stories
- Rules are adapted to allow each participant to be successful
- One-on-one volunteer/buddy support

Early bird registration is \$40 for participants registered by April 15th!

ACN

Thank you to the Autism Center of Nebraska for their continued sponsorship of this event.